

Physical Education - Australian Curriculum

Connections to the Australian Curriculum in Term 3

Movement and physical activity

- Refining movement skills
- Developing movement concepts and strategies
- Teamwork and leadership
- Ethical behaviour in movement settings
- Fitness and physical activity
- Critical and creative thinking in movement

Year 1 & 2 classes:

- perform fundamental movement skills in a variety of movement sequences and situations
- create and participate in games with and without equipment
- use strategies to work in group situations when participating in physical activities
- identify rules and fair play when participating in physical activities

Year 3 & 4 classes:

- practise and refine fundamental movement skills in a variety of movement sequences and situations
- practise and apply movement concepts and strategies with and without equipment
- adopt inclusive practices when participating in physical activities
- apply innovative and creative thinking in solving movement challenges
- apply basic rules and scoring systems and demonstrate fair play with participation in physical activities

Year 5 & 6 classes:

- practise specialised movement skills and apply them in a variety of movement sequences
- propose and apply movement concepts and strategies with and without equipment
- participate in physical activities designed to enhance fitness and discuss the impact regular participation can have on health and wellbeing
- participate positively in groups and teams by encouraging others and negotiating roles and responsibilities
- apply critical and creative thinking process in order to generate and assess solutions to movement challenges
- demonstrate ethical behaviours and fair play that aligns with rules when participating in a range of physical activities

Term Dates:

Thursday 10th August
Yr. 6/7 SAPSASA Basketball

Tuesday 5th September
Yr. 4 -7 SAPSASA Athletics

Sporting Schools – Yrs. 4, 5, 6 & 7
Touch Football

Friday 1st September – Show Day

Essential Agreement

In physical education lessons.....

We look after ourselves, our class members and the sports equipment.

Everyone has the right to feel safe, participate and to be successful.

We need to be organised with our drink bottle, hat (if needed) and appropriate shoes.

We uphold our school values of caring, respect, honesty and courage.

Physical Education Overview

Weeks 1 – 5
Beep Test- Yrs. 4, 5, 6
Ball skills
Net and wall games
Running games

Weeks 6 – 9
Beep test – Yrs. 4, 5, 6
Gymnastics

Week 10
Games week

Central Idea

'Keeping our bodies fit and healthy helps us to learn and improves our wellbeing.'

Learner Profiles

Inquirer Knowledgeable Thinkers Caring
Balanced Communicators Open-minded
Principled Risk-takers Reflective

Attitudes

Appreciation Commitment Confidence Tolerance
Cooperation Creativity Curiosity
Empathy Independence Integrity Respect