ROSE PARK PRIMARY SCHOOL

Sun Safe Policy

Rose Park Primary School has been involved in the Cancer Free Kids Project since 1990.

Hats
The school has a ‘No Hat - No Play’ policy whereby students are expected to wear a broad-brimmed school hat (with a brim of at least 8cm in width) while outside and exposed to the sun. These hats can be purchased from the school uniform shop. This policy is effective during recess and lunch breaks and for all outdoor activity during school hours. Students are encouraged to wear hats to and from school and parents are urged to educate their children in the ongoing use of hats outside of school hours. In accordance with recommendations from The Cancer Council SA, the No Hat No Play policy will be enforced from the 1 September to the 30 April each year. Outside of this time care should also be taken when the ultraviolet radiation level is 3 (moderate) and above, and therefore students will continue to be asked to wear hats during any extended outdoor activity e.g. excursions or camps.

The purpose of the policy is to ensure that all members of our primary school, including Out of School Hours Care (OSHC) programs, are protected from skin damage caused by the harmful rays of the sun.

Baseball hats, bucket hats etc do not provide adequate sun safe protection. During playtime, students wearing inappropriate hats or students found to be without a hat will be restricted to the courtyard.

Sunscreen
We strongly recommend that parents apply sunscreen to students before school. Parents and Friends ensure an adequate supply of sunscreen in each classroom, but students are expected to take responsibility for applying it to themselves prior to outdoor activity.

Clothing
Students are encouraged to wear long sleeve shirts throughout the year. These are available from the uniform shop. The school shirts have collars to protect neck and shoulders. Tank tops, dresses with thin shoulder straps and tops exposing the midriff do not offer adequate protection and should not be worn. Students inappropriately dressed will be restricted to the courtyard during playtime, and shaded areas during outdoor lessons.

Sunglasses provide protection for students’ eyes and therefore the wearing of sunglasses when outdoors is encouraged.

Outdoor Activities

Physical Education/Sport lessons
During Terms 1 and 4 these sessions will be conducted in the mornings, where possible, to avoid peak UV times. The hall will be used where timetabling and the nature of the activity allows. Students are encouraged to drink plenty of water.

Play
On particularly hot days (temperature predicted to exceed 35 degrees), all students and staff are restricted to shaded areas. The school has considerable space beneath trees to cater for this.

Swimming/Class Picnics
Students are required to wear shirts or swimming vests during outdoor swimming lessons, aquatics activities, excursions or class picnics etc.

Staff
Staff members are expected to model sun safe practices by wearing hats or carrying umbrellas while on yard duty or supervising outdoor activities.

Out of School Hours Care (OSHC)
Students will be expected to wear an appropriate hat during outdoor activities in OSHC time.

Sporting Personnel and Volunteers
Anyone involved in school sport activities or outdoor excursions will be required to wear a hat or carry an umbrella to model appropriate sun protection behaviour.

Curriculum
At the beginning of each year staff are expected to include lessons on skin protection as part of the Health curriculum.

Update August 2014

“A learning community encouraging achievement and embracing diversity”